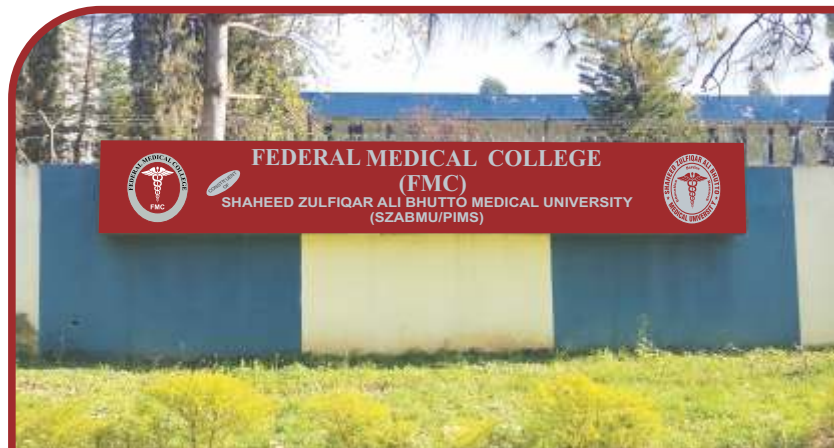




FEDERAL MEDICAL COLLEGE PROSPECTUS



**Al-Farabi Centre, Opposite Nori Hospital, Hanna Road,
Sector G-8/4, Islamabad.**

From the Desk of the Principal



We, at Federal Medical College (FMC) are committed to offer a distinctive educational experience that allows the students to flourish in a supportive environment that is intellectually stimulating and that welcomes pluralism, fosters excellence and renders service to masses. Admission to FMC is based purely on merit, and financial assistance is available for qualifying students.

I believe that the key to intellectual growth lies in the spirit of being receptive to embrace change and experiment fresh insights. We offer a flexible teaching environment that is suited to nurture intellectual pursuits through National and International student collaboration programs.

We actively practice cross cultural diversity in our student body and our faculty, working to attract the best regardless of faith, race, gender or geographic origin. Our curriculum encourages students to explore a wide range of perspectives, to apply theory to real-world problems and to develop ideas through team work. The school is committed to building an environment that fosters intellectual freedom, diversity, scholarship, empathy, and humanity's collective responsibility for a sustainable environment through the core principles of Relevance, Excellence and Impact.

The ultimate vision is the qualities of creativity, compassion, and leadership that we strive for and seek the most in prospective students as well as in our faculty and our administration. I envision that the evidence of our success in fostering creativity, compassion, and leadership should be displayed in every graduate of FMC.

Brief overview of FMC

Federal Medical College (formerly Federal Medical & Dental College) is a public-sector medical institution under the Federal Government of Pakistan. Established in 2010 at Pakistan Institute of Medical Sciences, the college provides medical education on open merit to students from all federating units, including AJK and Gilgit-Baltistan.

The college was recognized by Pakistan Medical & Dental Council initially for 50 MBBS seats, which were later increased to 100 seats following fulfillment of PM&DC requirements. Over the years, the college has functioned at different campuses in Islamabad, including Chak Shahzad and its current campus at Hanna Road, G-8/4, Islamabad.

On 8 December 2020, Federal Medical & Dental College was renamed as Federal Medical College.

Vision:

To develop competent, ethical, and compassionate physicians who meet national and international standards, advance healthcare through excellence in education and research, and serve society with integrity and professionalism.

Mission:

To deliver a competency-based medical education that produces safe, ethical, and compassionate graduates through integrated learning, early clinical exposure, research engagement, and community-oriented care, fostering professionalism, critical thinking, patient safety, and lifelong learning to address evolving health needs.

1	➤	Departments	◆
		◆1.1. Anatomy	
		◆1.2. Pathology	
		◆1.3. Physiology	
		◆1.4. Forensic Medicine	
		◆1.5. Biochemistry	
		◆1.6. Community Medicine	
		◆1.7. Pharmacology	
		◆1.8. Medical Education	
		◆1.9. Gynae / Obstetric	
		◆1.10. Medicine	
		◆1.11. Surgery	
		◆1.12. Pediatric	
		◆1.13. ENT	
		◆1.14. Ophthalmology	
2	➤	Internal Assessment in FMC	◆
3	➤	Laboratory and Museum Facilities in FMC	◆
4	➤	Affiliated Hospital	◆
5	➤	Admission in FMC	◆
6	➤	Scholarships and Financial Assistance	◆
7	➤	Library	◆
8	➤	General Disciplinary Rules	◆
9	➤	Hostel	◆
10	➤	Extracurricular activities	◆

Department of Anatomy:



Dr Arif Hussain, Dr Mubashira, Dr Amina Ali, Dr Saima Saleem, Dr Saima Mumtaz, Dr Sana Malik, Dr Sadaf Irfan, Mr Saif

Anatomy is a fundamental basic medical science and serves as the cornerstone of undergraduate medical education in the MBBS program. It is the study of the structure of the human body and its relationship to function, forming the essential basis for understanding physiology, pathology, radiology, and clinical medicine.

The Department of Anatomy is committed to providing high-quality anatomical education in accordance with the standards and guidelines of Pakistan Medical & Dental Council. Our teaching methodologies include large group interactive sessions, case-based learning sessions, Problem based learning, demonstrations and practical classes, through which not only we impart knowledge but inculcate critical thinking in the students. The curriculum is designed to ensure integration of gross anatomy, histology, embryology, and neuroanatomy with clinical relevance. Teaching methodologies include prosected specimens, histological slide examination, anatomical models, multimedia tools, and interactive teaching sessions to enhance student learning and understanding.

The department is equipped with histology laboratories with Multi head teaching microscope, and resourceful Anatomy Museum to facilitate practical learning. Qualified and experienced faculty members are actively involved in teaching, research, assessment, and curriculum implementation.

The department aims to provide students with a strong anatomical foundation, promote critical thinking, and prepare them for clinical training and professional medical practice while maintaining the highest standards of medical education

Vision

To be a center of excellence in anatomical education, research, and innovation, producing competent, ethical, and clinically skilled medical graduates with a strong foundation in human structure and its clinical applications.

Mission

The department strives to deliver an integrated, learner-centered, competency based human anatomical sciences program that advances structural understanding, spatial competence, and meaningful clinical integration; fosters ethical conduct and professional responsibility; promotes inquiry, critical reflection, and academic rigor; and prepares graduates for safe and effective practice within dynamic healthcare systems.

Department of Biochemistry:



Mr. Mubashir, Dr Sana Hanif, Dr Atteaya Zaman, Dr Sahar Ikram, Mr. Adnan

The Department of Biochemistry equips students with a strong understanding of the molecular foundations of human health and disease. By exploring biomolecules, metabolism, and cellular mechanisms, students develop essential scientific insight into biochemical function and the basis of disease.

A key pillar of the undergraduate medical program, the department emphasizes the clinical application of biochemical knowledge in diagnosis and patient care. Teaching is delivered in a dynamic, student-centered environment that encourages inquiry, critical thinking, and practical laboratory competence.

The department is dedicated to preparing confident learners for clinical training and lifelong professional development, enabling them to apply scientific knowledge effectively in advancing healthcare.

Vision

To inspire future physicians to integrate biochemical knowledge into clinical practice with analytical thinking and a commitment to lifelong learning.

Mission

The Department of Biochemistry is committed to delivering integrated, student-centered education that builds a strong conceptual foundation, promotes inquiry and practical skills, spirit of research and supports the development of clinically relevant competencies essential for modern medical practice.

Department of Physiology:



Dr Waheed, Dr Arooj , Prof Dr Shemaila Saleem, Dr Maryum Naseem, Dr Rafay

Physiology is the science of life. It is the branch of biology that aims to understand the mechanisms of living things, from the basis of cell function at the ionic and molecular level to the integrated behavior of the whole body and the influence of the external environment. Research in physiology helps us to understand how the body works in health and how it responds and adapts to the challenges of everyday life. Physiology is one of the most important and applied fields in health sciences entitled even for the Nobel Prize as it is the core of all medical research being done all over the world and that is the reason it is called the "Mother of Medicine".

The department of Physiology, FMC, aims to evolve as a modern integrated teaching system for students. Large Group Interactive Sessions (LGIS), Case-Based Learning Sessions (CBLS), Problem Based Learning (PBL), Practical and Demonstrations are part of the department's routine teaching strategies to impart critical thinking to the 1st and 2nd year medical undergraduates. The whole physiology department is well equipped with latest technology.

Physiology laboratory is well equipped with latest and modern gadgets, apparatus and instruments. It has been established with the required infrastructure and manned by professional technicians and qualified faculty. The course provides basis for the study of all clinical subjects, especially Pathology and Medicine.

Vision

To be a center of excellence in physiology education that nurtures competent, ethical and reflective medical graduates through integrated, competency-based learning and innovation in teaching and assessment.

Mission

To deliver high quality, student-centered physiology education that integrates foundational science with clinical relevance; fosters critical thinking, professional values and lifelong learning that supports the development of competent physicians equipped to meet evolving healthcare needs. To promote innovation in teaching, assessment and educational scholarship; encourage self-directed learning and reflective practice, while supporting collaborative learning, interdisciplinary integration and research orientation.

To cultivate graduates committed to applying the physiological basis of health and disease in ethical clinical practice and continuous professional growth.

Department of Forensic Medicine:



Mr. Imran, Mr. Mujtaba, Dr. Sanailla Gull, Dr. Ayesha Haider, Dr. Uzma

“When law meets medicine, Forensic Medicine emerges which form the basic of essentials entities of medicine in relation to law.”

The department of Forensic medicine and toxicology, FMC strives to foster excellence in undergraduate MBBS students in principles of medicolegal knowledge, medical ethics and professionalism for the purpose of civil and criminal law. We teach medicolegal cases including autopsy, sexual assault, medicolegal injuries, professional negligence, jurisprudence, forensic psychiatry and toxicology. Teaching hours and practical sessions are according to the recommendation of PMDC and Shaheed Zulfiqar Ali Bhutto Medical University. The department uses various methods as large group interactive sessions, case-based learning sessions, problem-based learning, short group discussions and for practical orientation of student visits are also arranged to Accident and Emergency department and Mortuary of PIMS Hospital, Islamabad where students learn and observe the application of the principles of forensic medicine in real time and first hand.

The department of Forensic Medicine comprises of well- equipped lab and a well-organized museum having models, instruments and other exhibits like X-ray of medicolegal nature, specimens of poisons, weapons of assault, microscopes, ultraviolet lamp, human skeleton and separate bones with the facility of multimedia for better teaching of future graduates. The department is vibrant and has actively involved in workshops and conferences. The students are encouraged and guided to be a part of conferences and present research-oriented papers.

Vision

Justice Through Medicine.

Mission

To produce competent and truthful medical witnesses and enhance ethical behavior within the profession.

Department of Pathology:



Dr. Anila, Dr. Ahmad Abubakar, Dr. Ahmareen Khalid, Dr. Asmara, Dr. Hina

Federal medical college is privileged to have qualified, experienced and dedicated faculty members in the department of pathology, committed to impart the professional knowledge of the subject to the students of 1st, 2nd & 3rd year MBBS. The different disciplines within the fields of pathology are Chemical Pathology, Hematology, Histopathology and Microbiology, Blood Bank.

Teaching of general principles are supplemented by experimental work by which students are equipped with the skills required for the collection of different specimens for the pathological analysis. The curriculum therefore covers every known aspect of modern-day investigations being carried out across the globe. The academic session includes lectures, practical microbiology, histopathology slide discussions, museum classes, tutorials and small group discussions for MBBS students

The department has neatly mounted specimens and several detailed and highly informative charts/ graphs. There is an adequate slide bank and gross specimen collection for the teaching purposes. This department is also equipped with a Penta Head with LCD display screen and a bi head microscope for proper explanation of the microscopic slides. Individual student binocular microscopes are also available for proper training. Modern teaching aids and facilities and diagnostic laboratories contribute towards achieving the desired objectives.

Vision

To mentor our students so they become international leaders in academic pathology and laboratory medicine by providing state of the art diagnostic pathology knowledge

Mission

- Provide timely, accessible, and accurate knowledge of pathology to our students.
- Innovate for Improved outcomes in academics.
- Educate our future pathologists and laboratory scientists using state of the art technologies and resources.

Strive to provide a quality work environment that fosters unity, respect for diversity, teamwork and professional growth. We are committed to mentor our students, by providing outstanding educational programs, within a clinical and research-intensive environment. We integrate continuing medical education programs into the departmental securities. We provide learning opportunities to allow staff members to continuously improve their knowledge, skills, and abilities.

Department of Pharmacology:



Dr. Ayesha Khan, Dr. Farzana Waqar, Prof Dr. Moosa Khan, Arsalan Sarwar, Dr. Irfan Rasheed

The Department of Pharmacology plays a central role in the medical curriculum by fostering a strong scientific understanding of drugs and therapeutics that underpins safe and effective clinical practice. The department is dedicated to excellence in education, with a focus on developing students' ability to apply pharmacological principles to real-world clinical scenarios. Teaching is delivered in accordance with PMDC and HEC standards, ensuring alignment with national and international benchmarks in medical education.

An integrated and learner-centered approach is adopted, combining interactive lectures, case-based discussions, small-group learning, and practical laboratory sessions. Emphasis is placed on rational prescribing, patient safety, and ethical decision-making. Well-resourced teaching and laboratory facilities support experiential learning, enabling students to develop critical thinking skills and clinical insight essential for contemporary medical practice.

The department maintains a strong commitment to research, and postgraduate training. Faculty members actively engage in research and academic mentorship, contributing to the advancement of pharmacological science and education. Through research-informed teaching and interdisciplinary collaboration, the department aims to cultivate future clinicians and researchers who demonstrate intellectual rigor, professionalism, and a commitment to lifelong learning.

Vision

To develop a competent pharmacology department that promotes rational, safe, and ethical use of medicines through excellence in teaching, research, and clinical integration, ultimately contributing to quality healthcare and patient safety.

Mission

The mission of the Department of Pharmacology is to provide quality education that promotes sound understanding of pharmacological principles and rational use of medicines. The department aims to integrate teaching with clinical practice, encourage research and critical thinking, and uphold ethical standards, patient safety, and pharmacovigilance to contribute to improved healthcare outcomes.

Department of Community Medicine:



Sikandar Khan, Dr. Mohsin Raza, Dr. Maryam, Dr. Rabia, Dr. Hajr-e-Aswad, Aqeel Kiani

Hippocrates (460 BC-370 BC), the father of medicine and author of the magnum opus "Airs, Waters and Places" famously said: "The greatest medicine of all is teaching people how not to need it." This is exactly what Public Health is all about and the department of Community Medicine, Federal Medical College, spearheaded by Dr. Rabia Mehmood is a realization of the same as it teaches 4th year medical students all the good practices in health to protect and promote the health of communities aiming to make the people of Pakistan better, brighter and healthier.

Vision

To be a catalyst for health equity and social justice, creating a society where evidence-based public health action and empowered communities eliminate preventable diseases and bridge the gap between clinical care and population health.

Mission

To cultivate socially accountable medical graduates and public health leaders through transformative education, innovative research and participatory community-based approaches while strengthening primary healthcare systems in Pakistan.

Department of Medical Education:



Dr. Atteaya Zaman, Dr. Mohsin Raza

The Department of Medical Education (DME) is committed to promoting excellence in teaching and learning through educational practices aligned with national and international standards. It utilizes modern concepts and evidence-based approaches in medical education to enhance academic quality, research, and patient care.

The department oversees the undergraduate MBBS program through curriculum development, assessment, and evaluation. It facilitates the implementation of the integrated modular curriculum in the preclinical years and supports clinical clerkship programs in the senior years.

The DME also ensures continuous quality enhancement through structured faculty development programs and regular program evaluation. Feedback from students and faculty is actively used to review and improve curriculum delivery, teaching strategies, and assessment practices.

The Department of Medical Education pledges its commitment to maintaining high educational standards and fostering excellence in medical education.

Vision

To advance excellence in health professions education through transformative, competency-driven scholarship and innovation.

Mission

To lead the design and continuous evolution of an outcomes-aligned curriculum and ensure excellence in professionalism

Department of Gynae/ Obstetrics



The Department of Gynae/Obs PIMS is located in MCH Center, PIMS. MCHC Hospital gifted to the Government of Pakistan by the People of Japan (JICA) in 1999. It is a 156 bedded unit comprising of an indoor facility as well as a separate out patients department. JICA has very graciously provided us with new MCH extension comprising of 80 beds including additional 7 ventilators and 4 operation theatres. MCH Centre is recognized by the College of Physicians and Surgeons, Pakistan for FCPS, Royal College of Obstetricians and Gynecologists, UK for MRCOG and SZABMU for MS postgraduate training.

It provides services including laparoscopic operation theater, High dependency unit, kangaroo mother care, ultrasound room, HIV clinic/PPTCT Center, Gynecological oncology department, MDSR, PNDSR and Mortality meeting, Urogynecology and fistula training and neonatology department, Statistics and Audit sessions along with Multidisciplinary collaboration with NORI, MDM Radiology and Clinicopathological meetings with Pathology and Hematology.

Department aim is to carry out researches in collaboration with international organization to keep ourselves updated with local researches. Our team of qualified Clinician conduct teaching sessions with undergraduate students. These involve practice of general principles of female reproduction health, pre-natal care, labor management, delivery as well as gynecological care principles.

Vision:

EVERY WOMAN COUNTS, NO MOTHER SHOULD DIE”

To become a leading center for women’s healthcare and education, recognized for excellence in maternal care, gynecological services, medical training, and research while promoting safe motherhood and women’s well-being.

Mission

The Department of Obstetrics & Gynecology aims to:

- Providing respectful maternity care, safe, high-quality, and compassionate maternal healthcare services.
- Promote safe pregnancy and childbirth practices through modern medical care.
- Train medical students with clinical competence, professionalism, and ethical standards.
- Encourage research and innovation in women’s health and reproductive medicine.
- Improve community awareness regarding maternal health, family planning, and reproductive health.

Department of General Medicine



Prof Dr Shafat
Khatoon (HOD)



Dr Fibhaa Syed
(Associate Prof)



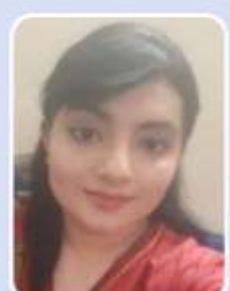
Dr Mohammad
Ali Arif
(Associate Prof)



Dr Muhammad
Aqeel (AP)



Dr Dr Valeed Bin
Mansoor (AP)



Dr Ayesha Javed
(SR)

The Department of General Medicine at Pakistan Institute of Medical Sciences, Islamabad, is a highly active and academically driven unit that plays a central role in both patient care and medical education. The Department of General Medicine, under the supervision of Professor Dr. Shafaat Khatoon, along with a dedicated team of faculty members, supported by Associate and Assistant Professors, Medical Officers and around 40 postgraduate residents enrolled in FCPS and MD programs, are committed to excellence in patient care, medical education, and community-focused healthcare initiatives.

The department is deeply engaged in a wide range of academic activities aimed at enhancing the clinical knowledge and skills of students and residents. These include regular lectures, case-based discussions, presentations, as well as detailed short and long case evaluations that form an essential part of resident training.

In addition to its strong academic focus, the department actively manages multiple outpatient services, including specialized clinics such as the diabetic foot OPD and thalassemia OPD, providing comprehensive care to patients with chronic conditions.

The Department of General Medicine has also played a pivotal role in handling major public health challenges, particularly the annual outbreaks of dengue and the management of patients during the COVID-19 pandemic.

Beyond clinical and academic responsibilities, the department is actively involved in community outreach and extracurricular initiatives. Notably, the team has organized and participated in various awareness campaigns and educational sessions on World Diabetes Day, conducting programs in schools, colleges, and community settings to promote preventive healthcare and disease awareness.

Overall, the department stands out as a center of excellence, combining patient care, medical education, research, and community service in a highly effective and impactful manner.

Mission statement

- To provide high-quality, patient-centered medical care
- To train competent physicians through structured postgraduate programs
- To promote research in disease prevention and treatment
- To improve healthcare through education, innovation, and clinical excellence

Department of General Surgery



The Department of General Surgery has been providing its professional services since 1987. The department's surgical outcomes are consistently of a high standard. While its main focus is always on providing safe & high-quality care to its patients, the department is also active in the fields of research, training and teaching. It is intimately linked to the Shaheed Zulfiqar Bhutto Medical University and teaches medical students of the Federal Medical College. The department is also a training center for surgeons-in-training within the College of Physician and Surgeon Pakistan. Specialist advice is provided in the areas of Minimal Invasive And Laparoscopic Surgery, Vascular surgery, Hepatobiliary and Pancreatic surgery, Breast Surgery, Bariatric Surgery, Upper Gastrointestinal and colorectal surgery, Thoracic surgery, Stoma care clinic, diabetic foot clinic OPD, Emergency and OT days are divided amongst the four units equally divided.

In door facilities are available at Surgical Ward 5 and 6 with a sum total of 80 beds which are extended with the addition of extra beds, HDU, MW2, and Private Ward especially to accommodate the load from On-Call days.

At undergraduate level we focus on teaching foundational surgical principles to our students. Our curriculum integrates theoretical knowledge with Clinical presentation in our wards helping students to have their skills.

Vision

To be a center of excellence in General Surgery, delivering advanced, patient-centered care with the highest standards of safety and outcomes, while fostering innovation, research, and surgical education in collaboration with leading academic institutions.

Mission

- To provide safe, high-quality, and patient-centered surgical care across all specialties.
- To train competent and ethical surgeons through structured education and clinical practice.
- To promote excellence in research, teaching, and innovation.
- To continuously improve patient outcomes through teamwork and evidence-based practice.

Department of Paediatrics



The Department of Paediatrics at Pakistan Institute of Medical Sciences is a major tertiary care center dedicated to providing comprehensive healthcare for newborns, infants, and children. Established in 1985 with support from Japan International Cooperation Agency, the Children's Hospital has expanded from 242 to 392 beds and now serves as a key referral hub for Islamabad, Khyber Pakhtunkhwa, Azad Jammu & Kashmir, and upper Punjab. The department offers a wide range of multidisciplinary services, including general paediatrics, emergency care, PICU, infectious diseases, oncology, gastroenterology, endocrinology, surgery, and rehabilitation, all supported by integrated diagnostic and allied specialties.

The department is also home to one of the region's largest neonatal care facilities, featuring advanced NICU services across two units. These include an 18-bed NICU with modern ventilation support and additional neonatal care units that collectively support over 14,000 annual deliveries. This robust neonatal infrastructure ensures high-quality care for critically ill newborns and strengthens maternal and child health services.

Beyond clinical care, the department plays a vital role in medical education and research. It provides structured undergraduate and postgraduate training through lectures, ward rounds, and case-based learning, while actively participating in research and professional development activities. With its strong referral network, specialized programs (such as bone marrow transplant, thalassemia, and hemophilia care), and commitment to innovation and education, the department stands as a leading centre for paediatric healthcare in the region.

Vision

To be a center of excellence in paediatric and neonatal healthcare, delivering evidence-based care and advancing education and research to improve child health.

Mission

- Provide safe, compassionate, and high-quality care for newborns, infants, and children
- Deliver multidisciplinary services for common and complex paediatric conditions
- Train healthcare professionals through structured medical education
- Promote research and innovation to enhance paediatric care
- Serve as a regional referral centre for critically ill and complex paediatric patients

Department of ENT (Otorhinolargology)

Faculty Members



Dr. Altaf Hussain
Professor & Head of Department



Dr. Malik Jawad Faisal
Assistant Professor



Dr. Syed Ansab Hasnain
Assistant Professor



Dr. Zaina Sajid
Medical Officer



Dr. Humna Rashid
Medical Officer

The specialty of ENT Head & Neck Surgery (Otorhinolaryngology) encompasses the diagnosis, medical management, and surgical treatment of a wide spectrum of disorders affecting the ear, nose, throat, and related structures of the head and neck.

The Department of ENT Head & Neck Surgery at PIMS is recognized as a leading center for the management of Head & Neck Cancers, while also providing comprehensive care for a broad range of ENT conditions. The department offers advanced diagnostic and therapeutic services including laser surgery, endoscopic sinus surgery, advanced otological procedures, audiological assessment, and speech therapy services.

The department is a 26-bedded facility equipped with fully functional Adult and Pediatric Outpatient Departments (OPDs) and provides surgical services to both adult and pediatric patients. Modern operative techniques and multidisciplinary collaboration allow the department to deliver high-quality patient care across the entire spectrum of ENT disorders.

In addition to clinical services, the department is actively involved in medical education and training. Undergraduate medical students rotate through the ENT wards and outpatient clinics where they gain clinical exposure under the supervision of a highly qualified and experienced faculty.

The department also provides structured postgraduate training for residents in ENT Head & Neck Surgery, focusing on clinical expertise, surgical skills, academic development, and research activities. Furthermore, the department regularly organizes the Islamabad Courses of ENT, a series of academic and skills-based educational activities aimed at enhancing professional development and promoting continuous medical education for postgraduate trainees and practicing ENT surgeons.

Vision

To be a center of excellence in ENT Head & Neck Surgery, providing high-quality patient care, advancing surgical innovation, and contributing to medical education and research at both national and international levels.

Mission

- To provide comprehensive, safe, and patient-centered care for diseases of the ear, nose, throat, and head & neck.
- To train competent and compassionate undergraduate and postgraduate medical professionals in the field of ENT Head & Neck Surgery.
- To promote research, innovation, and academic excellence in otorhinolaryngology.
- To contribute to continuing medical education through academic activities such as the Islamabad Courses of ENT and other professional forum

Department of Ophthalmology



Ophthalmology is a branch of medicine concerned with the diagnosis and treatment of eye disorders. An ophthalmologist is a qualified medical doctor who specializes in eye care, having completed a medical degree followed by four to five years of residency training in ophthalmology.

The Department of Ophthalmology is one of the most active and busy departments of the hospital, serving a large population from the twin cities as well as northern areas and Azad Jammu & Kashmir. It provides both primary and tertiary eye care services.

The department offers a wide range of advanced diagnostic and therapeutic facilities, including phacoemulsification (sutureless cataract surgery) available as both inpatient and day-case procedures, fundus fluorescein angiography, color fundus photography, diabetic laser treatment, ophthalmic diagnostic ultrasound, visual field analysis, automated computerized refraction, and retinal reattachment surgery.

In the undergraduate medical teaching program, faculty members with expertise in various subspecialties deliver lectures and conduct clinical sessions. Students are trained through case-based discussions, enabling them to analyze ophthalmic conditions and develop appropriate management plans.

Vision

To be a leading center of excellence in ophthalmology, recognized for innovation in eye care, academic leadership, and commitment to reducing preventable blindness at regional and national levels.

Mission

To provide high-quality, accessible, and patient-centered eye care through advanced diagnostic and surgical services, while fostering excellence in medical education, research, and community outreach.

Internal Assessment in FMC

We, at FMC follow an integrated modular curriculum with clinical clerkship for Fourth and Final MBBS. We use systematic approach to assessment that is well aligned with the curriculum. We deliver assessment methods that are valid, reliable and is led by assessment experts with psychometric support.

End-of-block-exams for 1st three year of MBBS

1. Three end-of-block (Each comprising 2 modules) examinations are conducted annually during the first three years of MBBS. The results of these block exams +formative assessment carry 20% weightage as the internal assessment for the final professional examinations of the first three years of MBBS (equal to 40 marks in theory and 40 in

OSPE {Objective structured practical exam}).

2. Each end-of-block exam has following pattern:
 - a) There is one theory paper, having question of Module I, and II for each block.
 - b) These integrated theory papers have components of following subjects:
 - i. Three horizontally integrated subjects for 1st and 2nd year MBBS i.e. Anatomy, Physiology and Biochemistry and three for 3rd year Forensic Medicine, Pharmacology and Pathology.
 - c) The pattern of integrated theory paper is as follows:
 - i. 160 MCQs – 1 mark each (Most of the MCQs are one best type, scenario – based)
 - d) The pattern of the OSPE is as follows:
 - i. 20 OSPE stations based on contents of Module – I&II and for 3rd year Module –I, II & II (8) marks each

3. Formative Assessment & Summative assessment percentage:

Theory	Percentage	OSPE	Percentage
Attendance	02%	Attendance	02%
MCQs/ E-quizzes	03%	OSPE/ VIVA / E-Test	03%
End of Block + Pre-prof Exam	15%	Practical Copy / discipline / attitude/ responsibility + pre-prof Assessment	15 %
Total	20 %		20%

4. 4th and Final Professional Exams

4th and Final year students are exposed to clerkship clinical rotations in which at the end of each rotation test is conducted. Marks of these rotations have 20% weightage in the final exams

RE-SIT POLICY FOR INTERNAL EXAM

- All students securing less than 50% marks in any subject, and those who have an approved leave of absence from internal exam, are required to appear in the re-sit examination.
- Students appear only in the component they have failed (Theory or OSPE) in internal block examination.
- The resit examination is conducted one week after the announcement of block results or at the end of the academic year.

Ensuring Transparency During Internal Block Assessments

The following rules and regulations are strictly observed regarding internal block examinations:

1. A minimum of **75% attendance** is mandatory for eligibility to appear in the internal block examination. Students with attendance below this requirement are not permitted to sit in the block exam; however, they can appear in the re-sit examination.
2. Students who are unable to appear in an examination must submit a **leave application with proper documentation** prior to the exam. Failure to do so may result in disqualification from the re-sit examination as well.
3. Students **without proper uniform** will not be allowed to sit in the examination (both Theory and OSPE).
4. **Electronic devices, jackets, and books** are strictly prohibited inside the examination hall.
5. Any student found **involved in cheating** are immediately disqualified and not allowed to continue the examination.
6. Students must **pass each subject individually** (both OSPE and Theory) and secure:
 - **50% marks** in 2nd year MBBS and onwards, and
 - **55% marks** in 1st year MBBS, or as per university policy.
7. Applications for **rechecking of answer scripts** are submitted through the Class Representative (CR) and Group Representative (GR), who forward them to the Examination Department.

Attendance Policy:

1. A minimum of **75% attendance** is mandatory for eligibility to appear in the internal block examination.
2. **Leave applications** for absence from class or examinations are submitted through the respective Class Representative, who submit them to the concerned HOD and then examination department.
3. The **respective HOD** will be responsible for the approval of such applications.
4. Leave exceeding **one week** must be submitted to the Principal, duly signed by parents and supported with proper documentation.

UNIVERSITY FINAL PROFESSIONAL EXAMINATION

- As there are three blocks in each first three years of MBBS, there are three theory papers.
 - a. Theory paper 1 for block 160 marks
 - b. Theory paper 2 for block 160 marks
 - c. Theory paper 3 for block 160 marks

Distribution of marks:

- Theory:**
 - a. 160 MCQs (1 mark each) $1 \times 160 = 160$ marks

Total marks for theory:

- Final Professional Examination: (80%) 160
- Internal assessment: (20%) 40

Total: 200

- OSPE**

Three OSPEs are held; one each for block exam on the following marks distribution:

20 OSPE Stations 8 marks for each station $8 \times 20 = 160$

Total marks for OSPE:

- Final Professional Examination: (80%) 160
- Internal assessment: (20%) 40

Total: 200

Summary of distribution of Marks for the 1ST three Professional Examinations

Theory:

Paper – I, IV&VII 200 marks
Paper – II, V & VIII 200 marks
Paper – III, VI & IX 200 marks + (LEAPS III & VI = 9 marks , IX=18 marks)

Total: 600 marks each year

OSPE:

OSPE – I, IV&VII 200 marks
OSPE – II, V & VII 200 marks
OSPE – III, VI & IX 200 marks + (LEAPS III & VI = 16 marks, IX = 18 marks)

Total 600 marks

Theory: 600 marks each year
OSPEs: 600 marks each year

Summary of distribution of Marks for the 4th and Final Professional Exam

Block / Subject	Theory	Internal assessment	OSPE/ OSCE/	Internal assessment	Total
Community Medicine+ LEAPS	120+ 26	30	120 + 24	30	300
Eye	80	20	80	20	200
ENT	80	20	80	20	200
Surgery A & B	240	60	240	60	600
Gynae/ obs.	160	40	160	40	400
Medicine A & B	240	60	240	60	600
Pediatrics	80	20	80	20	200



Laboratory and Museum Facilities in FMC

Anatomy Museum

	Anatomy Museum
Location and area	FMC Campus
Objectives	To demonstrate practical aspects of applied Anatomy to undergraduate students
Major apparatus	Skeleton, Gross anatomy, embryology and histology model, cross section of neuron, microscopic models of histology, bones
Major Equipment	Models, Specimens
Adequacy for Instruction	Multimedia projector
Safety regulations	Safety protocols displayed in Museum



Histology Lab

	Histology lab
Location and area	FMC Campus
Objectives	To demonstrate practical aspects of applied Anatomy to undergraduate students
Major Apparatus	Microscope, Multihead microscope, projecting microscopes, camera attached on microscope
Major Equipment	Histology slides
Adequacy for Instruction	Multimedia projector
Safety regulations	Safety protocols displayed in lab



Dissection Hall

	Dissection Hall
Location and area	FMC Campus
Objectives	To demonstrate practical aspects of applied Anatomy to undergraduate students
Major Apparatus	Dissection tables, Surgical instruments, Human specimens, mortuary
Major Equipment	Mortuary
Adequacy for Instruction	Multimedia projector
Safety regulations	Safety protocols displayed in dissection hall

Pathology Lab

	Pathology Lab
Location and area	PIMS
Objectives	To teach the students about Pathology through microscopic slides
Major Apparatus	Microscope, Oven, Microtome Cryostat, water bath
Major Equipment	Cryostat, Tissue Processor, Incubator,
Adequacy for Instruction	Multimedia projector for teaching purposes
Safety regulations	Safety protocols displayed in lab

Biochemistry lab

	Biochemistry lab
Location and area	FMC Campus
Objectives	To demonstrate practical aspects of applied biochemistry to undergraduate students
Major Apparatus	Power lab, colorimeter, microscopes, pH meter, Glucometer
Major Equipment	Centrifuge machine, Digital balance, Water bath, Distillation apparatus, Spectrophotometer, Colorimeter, Electronic balance. Ho air oven, Incubator, Microlab-300
Adequacy for Instruction	Multimedia projector
Safety regulations	Safety protocols displayed in lab



Physiology lab

	Physiology lab
Location and area	FMC Campus
Objectives	1. Develop proficiency in using laboratory equipment. 2. Perform the practical experimentation and skillfully connecting theoretical knowledge with real world application in healthcare contexts.
Major Apparatus	Power lab, microscopes, O2 Cylinders, Tread-Mill, Weighing Scale
Major Equipment	Spirometer, water bath, ECG machine, BP apparatus, Centrifuge Machine, Hemocytometer, Ophthalmoscope
Adequacy for Instruction	Multimedia projector for teaching purposes
Safety regulations	Safety protocols displayed in lab



Pharmacology Lab

	Pharmacology Lab
Location and area	FMC
Objectives	To teach the students about Pharmacology through experiment
Major Apparatus	Kymograph, water bath, weight balance, surgical instruments, beaker,
Major Equipment	Kymograph
Adequacy for Instruction	Multimedia projector for teaching purposes
Safety regulations	Safety protocols displayed in lab



Forensic Medicine and Toxicology Museum

	Forensic Medicine Museum
Location and area	FMC Campus
Objectives	To teach the students about forensic Medicine through experiment and models
Major Apparatus	Poison, Models, Glass Ware
Major Equipment	Assault weapons, Microscopes, UV Lamp
Adequacy for Instruction	Multimedia projector for teaching purposes
Safety regulations	Safety protocols displayed in Museum



Community Medicine Museum

Community Medicine Museum	
Location and area	FMC Campus
Objectives	To equip the medical students with advance Public Health expertise to function efficiently and effectively as first level physicians in the community in accordance with the committed vision and mission of Community Medicine
Major Apparatus	The museum has dedicated comers, Models and Charts for Nutrition, Anti-tobacco and Illegal drugs, Reproductive Health Entomology, Vaccines and Immunization, Waste Management, Water Filtration and Health Education.
Major Equipment	Multimedia Projector
Adequacy for Instruction	Multimedia projector for teaching purposes
Safety regulations	Safety protocols displayed in Museum



Affiliated Hospital

1. Pakistan Institute of Medical Sciences (PIMS)

The mission of Pakistan Institute of Medical Sciences is to be a premier research-intensive medical university that will educate medical students, paramedics, and postdoctoral fellows in accordance with international professional standards; to prepare clinicians to practice patient-centered medicine of the highest quality; and to identify and answer fundamental questions with regards to prevention and treatment of diseases, in health care delivery and in the basic sciences thereby to improve health through leadership, discovery and innovation in patient care, education and research.

Service Delivery Components:

- Islamabad Hospital (713 beds)
- Children's Hospital (262 beds)
- Mother & Child Health Centre (156 beds)
- Burn Care Center (24 beds)
- Cardiac Center (99 beds)
- Breast Cancer Screening Center
- Bone Marrow transplant UNIT
- Thalassemia UNIT (Adult/Pediatrics)

Admission in FMC

Federal Medical College (FMC), Islamabad is the affiliated College of Shaheed Zulfiqar Ali Bhutto Medical University (SZABMU) which is offering MBBS Program.

Admission

Federal Medical College, Islamabad is open to all eligible candidates from all over the country on Provisional / Regional quota basis including seats for Gilgit-Baltistan, FATA, AJ&K and Islamabad. There are also seats for children of Federal Government Employees and Disabled students. Therefore, FMC gives equal opportunity to both male and female eligible candidates from all over Pakistan to apply for admission purely on merit in accordance with the "PM&DC Medical and Dental Undergraduate Education (Admissions, Curriculum and Conduct) Regulations 2025."

The applicant must score minimum Sixty Five Percent (65%) marks in the National Medical & Dental College Admission Test (NMDCAT) which is a competitive examination conducted by the PMDC and has obtained a Higher Secondary School Certificate qualification ("HSSC") or an equivalent 12th grade qualification recognized in Pakistan and having obtained more than Sixty Five Percent (65%) marks therein, or a higher percentage as may be notified by the PMDC and passed the subjects of biology and chemistry and either physics or mathematics in the examination of the HSSC or an equivalent 12th grade qualification recognized in Pakistan.

No candidate shall be considered eligible on merit if candidate has not acquired:

Sixty Five Percent (65%) marks therein, or a higher percentage as may be notified by the PMDC and passed the subjects of biology and chemistry and either physics or mathematics in the examination of the HSSC or an equivalent 12th grade qualification recognized in Pakistan.

No candidate shall be considered eligible on merit if candidate has not acquired:

1. Minimum 65% marks, in HSSC or F.Sc (Pre-medical) or equivalent examination having minimum twelve years of education, and
2. Minimum 65% marks in the NMDCAT conducted by PMDC

Seats Allocation in FMC

The candidates desirous for admission against quota needs to submit a document issued by concerned authority certifying that applicant is eligible against the quota i.e. domicile certificate, Federal Government Employees Certificate, disability certificate.

The candidates applying on the basis of domiciles will have to provide, in addition to domicile certificate, proof of residence/property/education or any tangible evidence of stay in region of domicile.

Open Merit	06
Islamabad Capital Territory	25
Punjab	29
Sindh (R)	07
Sindh (U)	05
Khyber Pakhtunkhwa	07
Balochistan	04
Gilgit Baltistan	02
FATA	02
Azad Jammu and Kashmir	02
Federal Government Employee	09
Disabled quota	02
Total	100

Cancellation of Admission

- a. The admission of the candidate shall be cancelled and he / she will be debarred from admission for a period of seven (07) years, if any document / information provided by the candidate is found false / fake fabricated at any stage of MBBS admissions as well as during the course of studies.
- b. The admission of the candidate shall be cancelled if it is found at any stage of M.B.B.S course that the candidate was not entitled for admission according to the admission policy for medical education in the college.

c. The admission of the candidate shall be cancelled if the candidate is found medically unfit at any stage of MBBS course on the recommendation of the appropriate Medical Board to be constituted by the University / College on case-to-case basis.

d. The admission of the candidate shall be cancelled if he / she fails to report for admission and / or deposit the fee on due date

Documents to be submitted during admission

A candidate, who is eligible for admission, must submit original and attested copies (as indicated against each) of the following documents along with the fee.

DOCUMENTS CHECKLIST FOR ADMISSION IN FMC

S. No	Certificate Name
1.	Original Domicile
2.	Attested copy of CNIC/ Form 8 of the candidate
3.	Attested copy of CNIC of Father/ Guardian
4.	Original Matric/ O level certificate
5.	Original F.Sc./A LEVEL certificate
6.	Original Equivalent IBCC Certificate (if applicable)
7.	Original Federal Government Employee Certificate (if applicable)
8.	10 Passport size photographs
9.	Two (02) attested copies sets of all documents
10.	BIO DATA form duly filled in & signed
11.	Affidavit (as per specimen from college)
12.	Original Disability Certificate (if applicable)
13.	Original Hafa-e-Quran Certificate (if applicable)
14.	PMDC MDCAT provisional result
15.	Matric and F.Sc. certificates attested from concerned board
16.	Proof of Residence
17.	Fee of Rs. 36,000/- to be submitted in cash in Accounts Section

Fee Structure:

s. #	Description / Fee	Amount (Rs.)
1.	Tuition Fee (College) (Per Annum)	24,000
2.	Security Deposit (College) (Re-fundable)	12,000
3.	Hostel Fee (Female Students only) (Per Annum)	35,000
4.	Security Deposit (Hostel) (Re-fundable)	20,000
5.	University Registration Fee + Form (One Time)	9,300
6.	Examination Fee (Per Annum)	8,800
7.	PMDC Student Registration Fee (One Time)	7,000
TOTAL		116,100

Scholarships and Financial Assistance

Following scholarships and financial assistance programs are available for eligible students in accordance with institutional policies and defined criteria.

- Ehsaas scholarship program
- Fauji Foundation
- Bait-ul-mal

- HEC need based scholarship
- HEC Afghan students' scholarship
- Punjab educational endorsement fund
- Minority scholarship

College Session

- The Academic Year for 1st year MBBS shall be of at-least 09 calendar months, and will be tentatively divided into three terms namely, winter, spring and summer.

Vacations

- Students will avail vacations in accordance with the schedule decided by the Head of the **Institution**.
- Hospital teaching may continue during the summer vacations. Students performing hospital duty will be divided in batches. Time tables for the various batches will be prepared by the time table Committee. If needed, classes may also be continued during the summer vacation

Time Table

- The Schedule of lectures, practical classes and hospital training is notified before the commencement of the academic session and during the session if a change is required.

Classes

- Teaching, training, syllabus, courses, send up examinations are carried out according to the rules and regulations of the University.

Curriculum

The MBBS curriculum follows an integrated modular approach, with structured clinical clerkships in the fourth and final years to ensure progressive clinical exposure. The curriculum incorporates student-centered learning strategies, including problem-based learning and community-oriented medical education, to promote critical thinking and contextual learning. In alignment with Pakistan Medical and Dental Council initiatives, the institution is continuously strengthening its curriculum and assessment practices towards competency-based medical education

Lecture Halls

- FMC has fully furnished and air-conditioned Lecture Halls with sitting capacity of more than 100 students. The Lecture Halls are fully equipped with Multimedia (Audio / Visual) etc.

Library

The Library: Knowledge Resource Center

"The Federal Medical College (FMC) Library stands as the intellectual hub of our institution. It is a modern, state-of-the-art facility thoughtfully designed to meet the academic and research needs of our students and faculty members. We provide a peaceful and technologically advanced environment that promotes a culture of deep learning and scholarly excellence."

Vision & Mission

Vision: To be a leading center of excellence for medical information, promoting a culture of research and evidence-based learning that prepares world-class healthcare professionals.

Mission: To provide easy and uninterrupted access to a wide range of medical literature and digital resources, ensuring a modern, tech-enabled environment that meets the growing needs of our medical community.

Core Assets & Facilities

- **Library Collection:** Our library has over 2,265 modern medical textbooks, including the latest reference books and leading medical journals.
- **Ideal Study Environment:** We offer a spacious, fully air-conditioned reading hall with a seating capacity for 50 students, providing a quiet and focused atmosphere.
- **Dedicated Computer Section:** This section is equipped with 10 computers for clinical research, data analysis, and other academic tasks.
- **Daily News & Updates:** To keep our students informed, the library provides daily access to leading English and Urdu national newspapers.
- **Library Timings:** For the convenience of our students, the library is open from 08:00 AM to 04:00 PM (Monday to Friday).

Smart Library Ecosystem

FMC Library leverages modern automation to streamline resource accessibility:

- **Standardized Organization:** All our books and materials are organized using the Dewey Decimal Classification (DDC) system. This is a world-standard method that helps you find any book quickly and easily.
- **SLiMS Automation:** Library operations—including circulation, inventory, and member records—are managed via the Senayan Library Management System (SLiMS) for seamless efficiency.
- **Online Access (OPAC):** Our Online Public Access Catalog allows students to browse the collection, check availability, and receive updates remotely via: www.fmcdigitallibrary.blogspot.com

Library Administration

The library is run by a dedicated team of professionals committed to providing high-quality support and services to all students and faculty:

- Muhammad Mutthe Ur Rehman – Assistant Librarian (BS-16)
- Asma Rani Mumtaz – Assistant Librarian (BS-16)

Code of Conduct & Ethics (General Rules)

- **Belongings:** Please leave handbags and personal bags on the outside shelves.
- **Prohibitions:** Eating, drinking, smoking, and the use of cell phones or flash drives are strictly prohibited.
- **Decorum:** Maintain silence and proper behaviour. Communicate quietly with staff only if necessary.
- **Furniture & Materials:** Do not move furniture or place feet on chairs. Marking, underlining, or damaging library materials is strictly forbidden.
- **Staff Authority:** The Librarian may withdraw services for rule violations. Staff may also inspect books or verify memberships if needed.
- **Stock Taking:** All issued books must be returned during the annual stock-taking period as notified.

Borrowing & Damage Policy

- Eligibility: Only registered members can borrow books. Reference materials, journals, and serials are for library use only.
- Loan Period: Books are issued for two weeks. The Librarian reserves the right to recall any book earlier.
- Inspection: All users must present their belongings for inspection at the exit.
- Damage/Loss: Borrowers are responsible for any damage or loss. Lost items must be replaced at the user's expense. Replacement fees are non-refundable.

Library Fine Policy

- Overdue Charges: Rs. 10/- per day for the first month; Rs. 50/- per day after one month.
- Fine Waiver: The Principal (FMC) may waive or reduce fines for genuine reasons recommended by the Librarian.
- Deposit: All collected fines are deposited into the Government Treasury as per rules.

FMC Community Book Bank (Student Support Initiative)

As part of our commitment to social responsibility, the FMC Library runs a unique Student-to-Student Donation Program:

- The Concept: A dedicated book rack has been established featuring textbooks donated by our respected faculty, senior students, and alumni.
- Support for Deserving Students: These books are provided free of cost to deserving students for the duration of the entire academic session.
- Sustainability: To ensure this support continues, borrowers return these books at the end of the session so they can be passed on to the next batch.

General Disciplinary Rules

A UNIFORM

1. The students must wear the prescribed uniform and display College ID cards all the time within college premises and the hospital.

a) For Girls

Maroon Shirt, White Dupatta & Shalwar, Black footwear, Maroon abaya, White Scarf/ Dupatta.

b) For Boys

Grey trousers, maroon tie, white dress shirt, Black shoes. Maroon Cardigan/ Coat. College Logo on white overall for both Girls & Boys.

B ATTENDANCE

1 Every student shall be required to attend at least 75 per cent of the lectures, seminars, tutorials, practical's and clinical classes of each subject in each class failing which his/ her name shall not be forwarded to the Controller of Examination, of the University for the purpose of appearing in the concerned examination.

2 This is being conveyed to the students and the parents\guardians as policy matter.

3 The margin of twenty per cent of absence in theoretical, lectures, practical classes, demonstrations and in hospital practice is intended to cover absence only on account of sickness or special emergency considered justifiable by the head of the institution.

4 A written application should be sent to the head of the institution by the student or his/her parent or guardian well in time, reporting his/ her illness or cause of absence, along with written documentation.

C CLASSROOM

1 Every student is required to strictly observe the time for lectures, demonstrations, seminars, tutorials, practical and hospital wards. Defaulters in above case will be liable to a fine imposed by the head of the institution.

2 Outdoor/Indoor games are not allowed during the lecture timing.

3 Students have to strictly observe the timings for any specified activity of the college.

4 Students coming late into class room will be marked absent unless his excuse is accepted by teacher.

5 Students are not permitted to remain in the lecture room except during the prescribed hours of lectures neither allowed to leave their belonging in lecture theatre.

6 Every student should equip himself with all the prescribed textbooks and other necessities required.

7 Only CR should communicate with HOD.

D ETHICS, BEHAVIOUR & DISCIPLINE

1 Students are expected to extend highest level of courtesy and respect towards their teachers, within college and hospital premises.

2 No student is allowed to leave the lecture room without the permission of teacher or until the class is dismissed.

3 Students are not allowed to record lectures or take pictures of slides during class without the permission of the teacher.

4 Any correspondence with higher authorities must be carried out through Proper Channel.

5 Joint applications in any case are strictly prohibited and will not receive attention and it should be avoided.

6 Any student wishing to make some presentation is required to proceed through Student Affairs Section.

7 Head of the institution, Professors and other staff are accessible for listening to the difficulties and grievances of students and shall always be pleased to help them.

8 Students are required to obey order and observe discipline at all times in the institution, attached hospitals and hostels. No riots, strikes, boycotts and demonstrations are allowed.

- 9 Smoking within the institution, attached hospitals and hostels premises is strictly prohibited.
- 10 No game of any sort is to be played during the classes and hospital duty hours.
- 11 Displaying or distribution of partisan/ ethnic/ sectarian/ political pamphlets or circulars etc., in college or attached hospitals, hostels premises is not allowed.
- 12 All irregularities, neglect of duties and breach of discipline are to be brought to the notice of the head of the institution by the professors for necessary disciplinary action.
- 13 Every student to whom books or other property of Government is issued; be held responsible for keeping in good condition and in the event of their being lost or damaged shall be required to replace them or pay their cost.
- 14 Any student breaking or damaging any property of the institution shall be responsible to pay the cost of repair or replacement.
- 15 In case of willful damage, he/ she shall be punished under the disciplinary rules of the Institution.
- 16 If a student of the institution takes part in any political activity or conducts himself/ herself in an unbecoming manner or in such manner as would interfere with the corporate life or educational work of the institution, the head of institution may take any action he deems proper or bring the matter before the college Academic Council for proper disciplinary action.
- 17 No person shall be invited to address a lecture, meeting or society in the college premises without prior permission of the head of the institution. In all cases, the chair shall be occupied by a responsible person approved for the purpose by the head of the institution. The subject of debate shall be fixed after obtaining the approval of the head of the institution in advance. (15 days before the subject date)
- 18 No student shall address a Press Conference, nor write to the press on the political or related subject or matters concerned directly with the administration of the institution, University or any Government or Educational Institution in Pakistan or abroad. No poster or banner shall be put up without the approval of the head of the institution.
- 19 No society may be setup by the students nor any meeting be held in the institution premises without the written permission of the head of the institution.
- 20 Any students/ class who plans to conduct any kind of event, function, activity, competition, trip, etc. must submit an application fifteen (15) days before the conduct of any event. The approval from Principal must be obtained one week before organizing the event otherwise the college will not allow.
- 21 Students are not allowed to make any social media accounts of Facebook, Twitter etc in the name of the Institute without prior permission of the Head of the Institute
- 22 No student in the college shall be permitted to have any connection with a private dispensary or a consulting room to pose or work as a medical practitioner.
- 23 All Students are required to utilize trash containers to discard any unwanted items or rubbish. Intentional disposal of waste material except in designated container is a violation.
- 24 The students shall not keep in their possession firearms, other weapons of offence and narcotics in the premises of the institution, attached hospitals and hostels. Disciplinary action shall be taken against the students found guilty of contravention of this rule.

25 Any breach of discipline observed by Faculty/ Staff/Students must be conveyed through director administration to the head of institution.

26 Specific marks shall be allotted to behavior in academic card of each subject and shall be included in internal assessment.

27 Behavior shall have specific marks in total marks of house job/residency.

28 All students are strictly directed to follow the instructions and not share any kind of material / data on social media without approval of the principal, and otherwise strict disciplinary action will be taken.

E HOSPITAL

1 Clinical student (third, fourth and final year) shall be required to do hospital work during the vacation if necessary. Students attending hospital are required to abide by the hospital rules and while in the hospital they are under the head of the medical/ dental institution for disciplinary purpose, who may impose any of the following punishments on any student committing any offence in the hospital or for neglect or not properly carrying out any duty assigned to him/ her in the hospital.

a) Debar him/ her from attending any or all the departments or hospital.

OR

b) Impose such fine as he may consider appropriate.

2 Every student is required to strictly observe the timing notified for clinical classes.

F APPLICATIONS FOR LEAVE:

1. A minimum of 75% attendance is mandatory for eligibility to appear in the annual Professional examination.

2. Leave applications for absence from class or examinations must be submitted through the respective Class Representative, who will submit them to the concerned HOD and then examination department. The respective HOD will be responsible for the approval of such applications.

3. Leave exceeding one week must be submitted to the Principal, duly signed by parents and supported with proper documentation. Application for leave must be submitted through their respective in charge of ward/ dept. to the Head of the institution well in time.

4. Medical certificate by private practitioners shall not be accepted. Sick leave will only be granted on the production of a medical certificate from an authorized medical officer appointed by the head of the institution except when the student is already on leave out of station.

3 In all cases leave taken will be at the student's own risk so far as the percentage of attendance is concerned.

4 Students must not leave the station without the written permission of college administration. This should also be conveyed to parents at the time of admission.

5 A student, who is absent without leave continuously for a period of four weeks, will be struck off.

6 Non boarders must obtain a medical certificate from a government hospital.

7 For boarders including those on duty in the hospital the medical certificate must be signed by a Professor/ Associate Professor of the institution.

8 Medical certificate in support must be produced at the earliest possible date and not weeks or months after the absence.

9 A medical certificate must specify the nature of the illness and the period with dates of leave recommended on account of that illness.

G. OFFENCES AND PUNISHMENTS

1 For all such offences that occur in the college, attached hospitals and hostels premises, head of the institution may at his/her discretion refer the case to the Disciplinary Committee of the institution. This Disciplinary Committee shall have the power to interview any student or students or any member of the staff or any other and is empowered to send its recommendations to the head of the institution.

2 After going through the recommendations of the Disciplinary Committee, the head of the institution might take one or more of the following, depending on severity of the offence:

i. The student may be asked to tender an apology in written. This shall be placed on the student's record.

ii. A student may be placed on probation for a period up to one year. If during the period of probation, he/ she fails to improve his/ her conduct, he/ she may be expelled from the Institution.

iii. A student may be fined up to Rs. 5,000/-. The fine value can be fluctuated with the approval of competent authority depending upon the severity of the matter.

iv. Scholarship may be suspended or stopped.

v. Student may be suspended from the college for a period determined by the head of the institution.

vi. The student may be expelled from the college permanently or for a period determined by the head of the institution.

3 Regulations relating to expulsion.

i. Expulsion whenever imposed on a student shall mean the loss of a specific duration of studies as determined by the head of the institution and will mean his/ her being debarred from the University Examination during the period of his/her expulsion.

ii. A student expelled from an institution shall not be readmitted before the expiry of the period of his/ her expulsion.

iii. Cases of expulsion shall be reported to the University by the head of the institution concerned for registration and notification.

4 A student shall continue to be under the disciplinary jurisdiction of the head of the institution till the declaration of the result of Final Professional MBBS Examination.

5 The head of the institution is competent to impose and remit fines.

6 The head of the institution is competent to impose punishment on the recommendation of disciplinary committee as deemed necessary.

7 The decision of the head of the institution in all cases shall be considered as final

HOSTEL

General

Accommodation in hostel is a privilege and cannot be claimed as a matter of right. Accommodation being limited in hostel may not be provided to all students and will be provided only on the availability of seats in hostel. The residential accommodation is an equal merit-based opportunity and preference is given only to those applicants who hail from far-off places.

Proper boarding, lodging and mess facility are available to the resident in each hostel. The mess in each hostel operates on no profit no loss basis. Each hostel is looked after by a warden/Assistant warden, who is responsible for implementation of hostel rules, maintenance of order and discipline in the hostel. The warden is the first point of contact between the resident students and college administration.

All complaints regarding any student and hostel staff, any queries and any problems relating to hostel shall be brought forth before the warden. Students must never take matters in to their own hands. Cooks, bearers, sweepers and other hostel staff in each hostel have been provided which will perform their duties under the supervision of Assistant warden. Warden supervises the Assistant Warden. Each male and female hostel have separate Assistant Warden, Warden. In female hostels except cooks, bearers, sweepers and security staff, no male officers or officials will be posted. The provost serves as the overall in-charge of the hostels and sets policy guidelines for the hostel administration. Security officer will supervise a team of highly trained security guards. Security guards will perform duty on the gate of hostel. Security officer will be fully responsible for hostels security. He may pay surprise visit to rooms of any hostel at any time to check if any weapon, drugs, intoxicate, rods, diggers and harmful material etc.

Resident of hostels are required to abide by rules and regulation of college/ hostel as led down in the prospectus and notified from time to time by hostel and college administration.

Misconduct by any resident student may be punished directly by the Assistant warden with a fine of up to Rs. 10,000/- (Rupees Ten Thousand only) or it may be reported by the Assistant warden to the convener hostel through warden. Hostel disciplinary committee may forward any case to FMC disciplinary committee if it deems fit.

Hostel Admission:

Hostel admission will be granted only to regular students of FMC.

Students desirous of hostel accommodations are required to apply on the prescribed hostel admission form on or before the last dated announced to the purpose. No application will be entertained after the closing date.

The provost office/warden will prepare a merit list of the applicant after necessary scrutiny of admission forms. The provost/warden office will display the admitted students list on the notice board. Students shall deposit hostel dues within fifteen days after the issuance of hostel merit list.

Local students will not be granted hostel accommodation in FMC hostel. The hostel admission of any resident student shall be cancelled at any point/ time he/ she is found to have been having a residence (owned/ rented/ official) at the time of allotment. He/ she will be penalized as deemed fit by hostel and college administration.

Hostel authority has the right to refuse/ cancel hostel accommodation who misuse their privilege.

A student can request for cancellation of his/her hostel accommodation. The students will be eligible to receive all refundable dues if request received within one month of the closing date of allotment of hostel accommodation. No refund will be allowed after that.

Students whose hostel admissions is cancelled by the hostel authorities on disciplinary grounds shall be entitled to receive his/her hostel security.

Application for hostel admission from students whose admission has been cancelled in the past on disciplinary grounds shall not be entertained.

Warden has full authority for allotment of hostel rooms after hostel admission. Students cannot interchange their rooms in hostel with each other without the permission of warden.

Hostel Discipline & Orders

A guardian can only be a blood relative i.e. elder sibling/ paternal or maternal uncle.

Parent/ guardian must accompany the students to the hostel and he/ she would be required to submit a copy his/her CNIC along with the affidavit.

Any student who fails to furnish the given information shall not be allowed entry in the hostel premises.

Every resident student shall be issued a boarder card after due verification and collection of duly filled affidavits. Students must keep these cards at all time with them and they will be allowed entry into their hostels after presenting this card to the security guards.

Residents shall abide by hostel rules and regulation in letter and spirit. Violation of hostel rules and regulations or any order issued by the hostel administration shall render a resident liable for imposing of fine and/ or expulsion from the hostel and to such other actions as deemed fit by the college authorities.

Anybody (be it a student of the college) who is not a resident of hostel is not allowed to enter or stay in hostel premises.

Day scholars and residents of one hostel are not allowed overnight stay in any other hostel. Similarly, guests, family members or anyone else are strictly prohibited overnight stay at any hostel.

Resident students can entertain their guests within the prescribed visiting hours only in the guest room prescribed for the said purpose in each hostel. No resident can entertain a guest in his room.

Resident students are strictly forbidden of keeping any arms, intoxicants, drugs, rods or diggers and harmful materials etc. in the hostel. Any violation of this rule will result in serious disciplinary action.

Students are not allowed to use heaters and air conditioners/microwave in their rooms. Any violation will lead to imposing of fine/ recovery of charges.

Every student is responsible for the peace and tranquility of hostel environment. Resident students are not allowed to play music or any instrument loudly.

Resident students are not allowed participate in any political activity.

Resident students are not allowed to invite any political figures, scholars or any individual for any speech, lecture or sermon or to circulate any unpublished material for this purpose.

Resident students are not allowed to assemble crowds or congregation within the hostel premises for any purpose. Student are not allowed to leave at evening hours without prior permission of Assistant Warden/ Warden.

Entry of girls into boys' hostel is strictly prohibited and vice versa. In & Out timing should strictly follow.

Resident students shall keep their rooms clean and tidy. They shall also be responsible to keep their rooms properly locked. Resident students are not allowed to ride bicycles, motor cycles or cars inside the hostel premises.

Resident students shall not use and shall not allow the use of their accommodation for any purpose other than that prescribed and allowed by the hostel administration.

(Night attendance will be called by Assistant Warden on an Attendance Register on daily basis.)

Resident students who in view of the hostel authorities are not residing in their rooms shall have their hostel accommodation cancelled.

Any complaints against the hostel staff may be brought to the notice of hostel warden or the provost. Residents are not allowed to deal with the hostel staff directly on their own.

Hostel Disciplinary Committee (HDC)

Hostel Disciplinary committee will be constituted. The cases of indiscipline by the resident students may be forwarded to HDC by the Assistant warden through warden. The convener of HDC will call the meeting of HDC at a place and time convenient to the committee. The HDC will decide the cases according to hostel conduct, discipline and regulation.

HDC may forward the cases needing severe penalties (such as imposing of fine of more than 40,000/- and or expulsions/ from

the college) to the college disciplinary committee.

Appeal:

An appeal against the punishment awarded by the hostel disciplinary committee shall be forwarded to college disciplinary committee

Appeal of student against the decision of HDC shall be entertained, if it is to be presented within 15 days of the date on which the decision is communicated to him/ her.

Hostel Charges

Hostel Dues per annum	Rs. 35,000/-
Hostel Security (Refundable)	Rs. 20,000/-
Contingency Charges	As decided

Hostel Gates Timing for Boys:

Season	Opening Gate Timing	Closing Gate Timing
Winter	7:00 am	10:00 pm
Summer	6:00 am	11:00 pm

Hostel Gates Timing for Girls:

Season	Opening Gate Timing	Closing Gate Timing
Winter	7:00 am	05:00 pm
Summer	6:00 am	07:00 pm

Boarder card will be issued by the provost office to the residents. All the students are required to keep the boarder card with them in the hostel and college premises. This card will serve as proof of students' identity as a boarder. No students will be allowed entry without his/her boarder card.

Closer of Hostels: The FMC management reserves the rights to close the hostels as and when required.

Extracurricular Activities

At Federal Medical College (FMC), a vibrant range of extracurricular activities including art exhibitions, poetry competitions, annual functions, sports week, welcome and farewell events are integral to student life, fostering a balanced integration of academic excellence with health, sports and community engagement. Through Co-curricular Committees, Clubs and Societies, students are provided structured opportunities to develop leadership, teamwork, resilience and social responsibility, all of which are essential competencies for future medical professionals. Particular emphasis is placed on sports and physical activity to promote physical fitness, mental well-being and stress management critical components in the demanding field of medicine while also strengthening a sense of community and collaboration among peers. The strong culture of mentorship at FMC further supports holistic development, guiding students to explore diverse perspectives, build character and cultivate professional ethics, ultimately shaping well-rounded doctors capable of contributing effectively to both healthcare systems and the broader community.

FMC Committees, Societies and Wings

- Federalites Students Welfare Society
- Federalites Students Research Society
- Federalites Blood Donation Society
- Federalites Character Building Society
- Literary Society
- Music, Art and Photography Society
- Islam and World History Society
- Research Committee
- Extracurricular Committee & Mentorship Committee

Numerous students from FMC got foreign scholarships. They went on fully funded scholarship programs to USA and presented Pakistan as an Ambassador. They learnt about CPR, first aid, emergency medical training, research, epidemiology etc there. They also took rounds in hospital and learnt medical skills there. One of the students, with her evocative skills, her interview was published in newspaper of USA (the Collegio) and she also presented her host university (Pittsburgh State University, USA and Federal Medical College, Pakistan) in the graduation event that happened in USA. She had also been a distinction holder and served as a Senior Vice President of Federalites Students Welfare Society (FSWS). Several students have presented their approved abstracts in USA as a team from FMC.

FMC marks its history with a student who won a round 50 essay writing and poetry competitions at both national and international level.

International Exchange Program Scholarship Holders include a house officer and graduate of FMC who represented FMC in Delta State University Cleveland Mississippi, and another brilliant student represented FMC in University of Southern California USC Los Angeles, American University Washington DC and University of Massachusetts Amherst Boston. They have presented Federal Medical College at both National and International level.

Sports, Health and Community Engagement at FMC

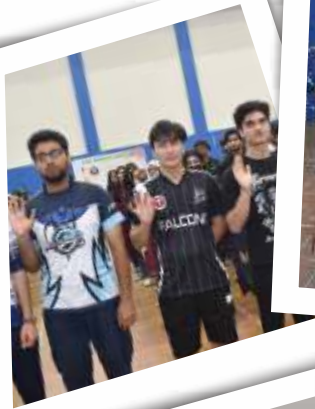
Federal Medical College (FMC) promotes an integrated model of health, sports and community engagement through a well-structured sports program led by a dedicated Physical Instructor who oversees student and faculty activities under the supervision of the Principal. The instructor brings strong international exposure, having served as Hockey ID Head Coach for Special Olympics Pakistan at the Special Olympics World Summer Games Berlin 2023, where the team achieved a bronze medal and as an International Technical Delegate at the Hockey ID 8-Nations event during the Special Olympics Netherlands National Games 2024. He is also an International Hockey Federation (FIH) Level 3 certified coach and a recognized Coach Developer, with continued professional advancement demonstrated through participation in the American College of Sports Medicine Annual Meeting 2026.

FMC actively encourages student-athletes to participate in national platforms such as All-Pakistan inter-varsity competitions and the Prime Minister's Sports Gala in collaboration with the Higher Education Commission of Pakistan. Complementing these efforts, the college organizes an annual Sports Week to foster physical fitness, teamwork and student engagement, while reinforcing the vital link between physical activity, preventive health, and community well-being.

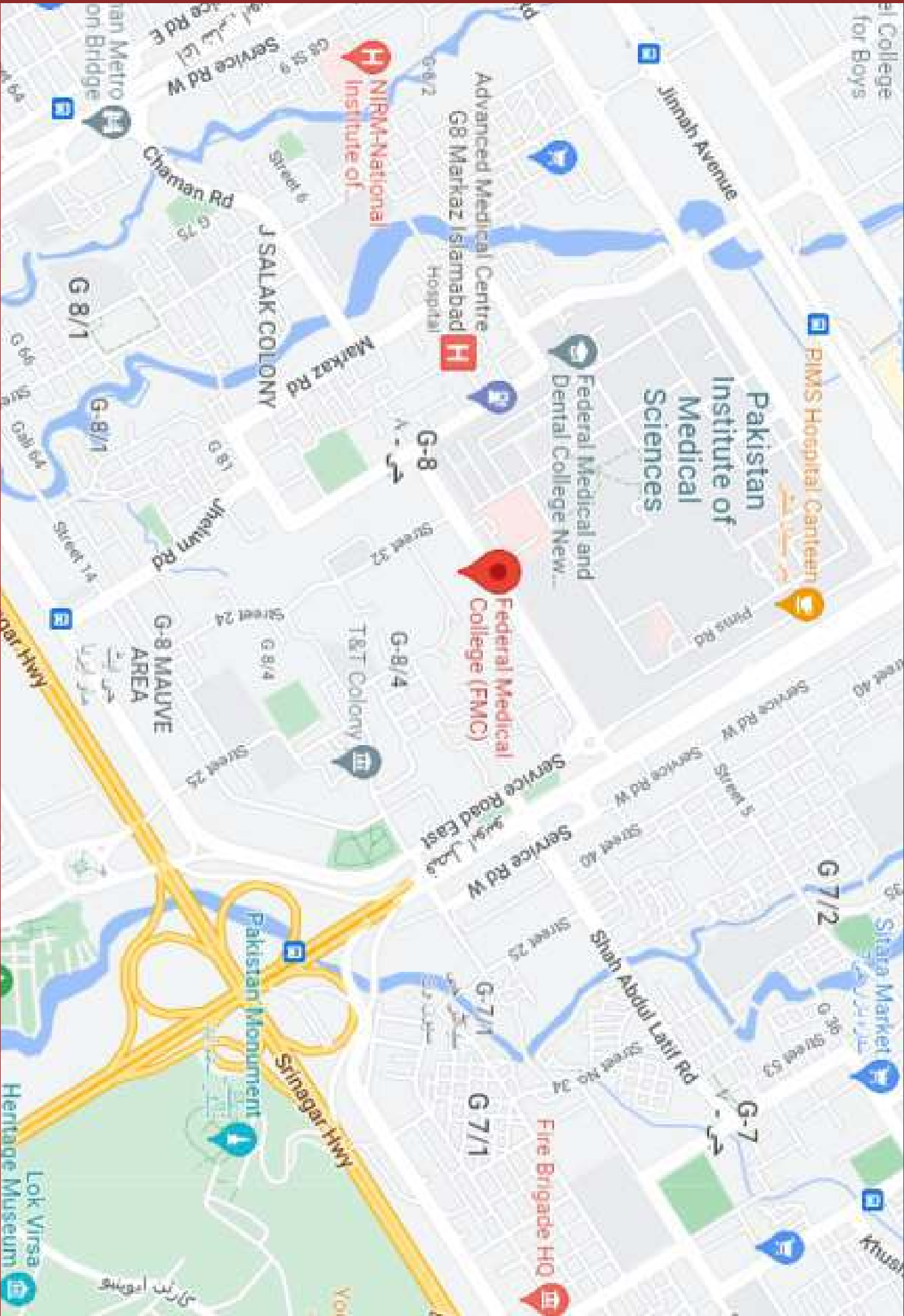
The following Sports are being played at the college:

Cricket	Basketball	Volleyball	Table Tennis
Badminton	Tug-of-War	Throwball	Football
Chess	Athletics	Futsal	Netball
Tennis	Squash	Kabaddi	Taekwondo

The Federalites, alongside their academic excellence, consistently demonstrated outstanding performance in extracurricular activities, particularly in sports. One of them excelled in football, table tennis, basketball, athletics and also played an active role as a sports organizer, contributing to team coordination and event management. In recognition of his exceptional all-round performance, he was honored with the title of Sports Person of the respective year, reflecting his commitment, leadership, and versatility both on and off the field. Also, he actively participated in various Olympiads, representing FMC as an ambassador and remains keen on representing his institution on international stages









Helpful Contacts:

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- Phone: (009251) 9107726 – 31
- Fax: (009251) 9107739
- Website: www.fmdc.edu.pk